

Welcome to Linköping University!

This booklet is intended to answer questions that you might have when you arrive to Linköping or Norrköping as an exchange student. The different chapters cover practical matters with information useful throughout your whole stay.

Much of this information can also be found on pages for exchange students:
www.student.liu.se/exchange

Do not forget to like International Students Reception on Facebook to keep updated on the latest information!

We hope you will enjoy your stay in Östergötland!

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International Student Coordinators at LiU.

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1. Checklist (get started)

1.1 Visit the International

Students Reception

Visit the Exchange Student Coordinator in Zenit Building, second floor on Campus Valla to register your arrival and pick up an information folder with information for your stay. If you are going to live in Norrköping, you'll find the Exchange Student Coordinator in Kåkenhus, entrance floor, room 2342.

If you have been assigned accommodation through the University, sign the contract and pick up your keys in the Exchange Student Coordinator's office.

1.2 Sign up for your LiU-ID

Sign up for your LiU-ID at the Student Service Desk in the Zenit Building (ground floor) on Campus Valla, in the main building on Campus US or in Kåkenhus on Campus Norrköping. Follow the instructions to activate your access. When you activate your LiU-ID, you will be able to use wireless internet on all campuses.

1.3 Pick up your LiU-card

Bring proof of identity (passport, national ID-card). The LiU-cards can be picked up at any Student Service Desk.

1.4 Check your LiU e-mail

Make sure your LiU e-mail account is working. All study related information will be communicated to this e-mail. Sign in with your LiU-ID and your self-chosen password. You you will be able

to access your e-mail via the platform LiSAM.

1.5 Register for courses

You must register for each course you take and you must register for courses every semester you study. You must be registered for at least one course in order to get your LiU-ID.

Exchange students are usually pre-registered for the Orientation Day, which make it possible for you to get the LiU card before your courses start.

The registration is done online via the Student Portal.
<http://www.student.liu.se>

The registration is open from the day after the course starts and two weeks onward. If you have any problems registering, please contact any of the Student Service Desks.

1.6 Fill in your address

Make sure to fill in your Swedish home address at Student Portal to be able to borrow books from the library. (Remember to change the address once you leave to get your transcripts sent to the right address).

1.7 Check course timetables

Students at Faculty of Science and Engineering, Faculty of Arts and Sciences and Faculty of Educational Sciences will not be given a schedule but must check it online. Go to LiU Student website-> Student services -> Timetable or use:
<https://se.timeedit.net/web/liu/db1/schema>

You can also build your schedule in the

student portal.

Students of Faculty of Medicine and Health Sciences will get their schedule upon arrival.

1.8 Hand in or sign documents

The international coordinators at each faculty can help you with all questions about academic issues and if you have documents that need to be signed.

See the faculty reception hours below.

Faculty of Arts and Sciences & Faculty of Educational Sciences

Konstantinos Mitropoulos

Kerstin Karlsson

(international@ffk.liu.se)

In Zenit Building by the Student

Service Desk, Campus Valla

Monday & Wednesday

12:15 - 13:15

In room 2342, Campus Norrköping

First Friday of every month

12:00- 13:00.

Faculty of Sciences & Engineering

Daniel Bladh

Åsa Karlsson

Simon Tibell

(incoming@lith.liu.se)

In Zenit Building by the Student

Service Desk, Campus Valla

Tuesday & Thursday

12:15 - 13:15

Faculty of Medicine and Health Sciences

Anna Sandelin

Sabina Kinywa

(international@medfak.liu.se)

Student Affairs office, Campus US,

House 511-011 Entrance 75, 76, 78,

level 11.

Monday-Friday

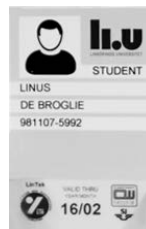
9.00 - 11.00, 13.00 - 15.00

1.9 Register for examinations

To be able to take exams, you must sign up for each exam at least 14 days before the exam or exam period. Sign up for exams via Student Portal. If you cannot see your exam directly, use the search engine. If you have any further difficulties, contact any of the Student Service Desks.

2. Finding your way in the LiU-jungle

On the following pages we will give you some useful information about LiU: printing services, PayEx account, campus buses, etc.



2.1 The LiU-card and LiU-ID

Once you are registered for courses or Orientation Day at LiU you can get your LiU-ID at the Student Service Desk in Zenit building, Kåkenhus in Norrköping or the main building on Campus US. The LiU-ID is a login for Student Portal.

After you have received your LiU-ID, you can get the LiU-card. The card can be used for:

- Borrowing books in the campus libraries
- As a bus card on the Campusbus (73)
- Access to campus premises after office hours (with a pin code)
- Copying and printing (read more below)

Some of the university's facilities are open 24 hours; you can access them with your LiU-card. Which facilities you can enter depends on the faculty you belong to; check with the Student Service Desk. For access you are required to set your personal PIN code; follow the instructions provided with your LiU-card.

2.2 T- or P-number

It is a personal number created by the University for administrative purposes. The P or T-number is only valid at the university. To identify yourself outside of the university, you need to show another ID, such as your passport.

2.3 The Mecenat logo

Mecenat gives student discounts nationwide on various products and services. For a list of applicable discounts, see www.mecenat.se

2.4 Printing, copying and scanning

At campus Valla there is a printing service located in building A, entrance 19 C (around the corner of entrance 19), where students can print and copy

for a fee. At Kårservice in Kårallen building they offer similar services. Students can also open a PayEx account:

- Go to the Student web page www.student.liu.se and click on IT-services and support and then Print-outs & copies. Follow the instructions to open a PayEx account. The password will be sent to your e-mail address.
- Connect your LiU-card to the account.
- You need to take a copy of your passport and send it to customer.support@payex.com
- Deposit money on your account online. Do this by using your credit card or by buying a cashcard at any Pressbyrån or 7Eleven, then enter the code on the receipt. There is a Pressbyrån in Key building on Campus Valla and one at Skvallertorget across from Kåkenhus in Norrköping. **You can only use the account for printing and copying on LiU campuses.** Therefore, do not put more money on the account than you will use for printing and copying.

Scanning is possible without an account on all copy machines around campus.

2.5 Campus bus

During the semester the campus bus runs Monday – Friday between the three campuses. The bus number is 73 and it is part of the local public transport company, Östgötatrafiken. The bus runs once an hour from Campus US – Campus Valla – Campus Norrköping.



Your LiU-card is your ticket and is only valid on bus number 73. Show your LiU-card upon entering the bus. Make sure your card is updated and not expired.

If you do not have your LiU-card, you can travel using Östgötatrafiken's top-up card "Resekort". Please read more about where to buy Resekortet under section 9 "Buses".

The campus bus stops are shown below:

 US Norra entrén	 Söder Tull
 VTI	 Väster Tull
 Vallfarten	 Hultet Norrköping
 Universitetet	 Skälvs gård
 Forskningsbyn	 Mjärdevi
 Mjärdevi Center	 Mjärdevi Center
 Mjärdevi	 Forskningsbyn
 Skälvs gård	 Universitetet
 Hultet Norrköping	 Vallfarten
 Väster Tull	 VTI
 Söder Tull	 US Norra entrén

For the latest timetable, see www.liu.se/campusbussen

2.6 Premises on Campus

Classrooms

There are various premises around campus, such as classrooms, exhibitions, group rooms, student lunch rooms etc. These can be booked by persons associated with the university.

All students who have signed the Agreement of rules for use of computer, network and system facilities at Linköping University are allowed to book a room on campus for group work or self-studies. You need to have a LiU login and password to book, and your LiU card is required for access in the evenings and on weekends. Read more on the LiU Student website

www.student.liu.se -->Student services-->Timetable and Book a room.

If you have problems finding a classroom, you can search on the LiU website: www.liu.se/om-liu/till-liu/kartor/larosalar

For more information about services on Campus: see www.student.liu.se/campusrelaterat/campusservice

Computer rooms

There are many different computer rooms available to you as a student at Linköping University. Some of them are general ones, such as Knutpunkterna (the Junctions) in the Key-building, and open to everyone regardless of which courses you are taking. Other computer rooms are restricted to certain degree courses.

Library

If you would like to find course books, you should make your way to our various libraries.

- Campus Valla library: Building D, entrance 41
- Campus Norrköping library: Kåkenhus, main entrance
- Campus US library: Cellbiologen 436, entrance 65

You can also go to the library website (applicable to all campus libraries) to see if a particular book is available, order books, arrange to borrow the book from another library and so forth.

The Swedish library system can be quite complicated if you are new to it, but do not worry – it's possible to book

a librarian, who can help to find the suitable literature for certain subject. This is free of charge and applies to all four campus libraries. They can also introduce you to online resources such as Wordfinder. Contacts can be found on the website:
www.bibl.liu.se

The city libraries in Linköping and Norrköping are very good, but require another library card, your LiU-card is not valid there. Go to the city library and ask for one.

Other premises

In addition to computer rooms, classrooms, group rooms and lunch rooms, there are Andrum (Rooms for reflection) on each campus. Andrum is for the use of those seeking tranquility, silence, reflection, prayer or meditation.

You can find Andrum at Campus Valla above the Humanities and Social Sciences Library, on the third floor in D Building.

At Campus US, the Meditrina Room is located at the north entrance.

2.7 Getting books for your courses

If you would like to purchase your course books, there are several bookshops on the campuses. You can choose between Bokakademin in Kårallen and Zenit on Campus Valla. There is currently no bookshop on Campus US. Norrköping students can find book shops downtown, for instance Anderssons in the shopping mall Linden or Akademibokhandeln in Domino.

There is also the popular Notice board (www.student.liu.se/studenttjanster/anslagstavlan) where you can buy or sell used course literature at LiU. It is popular to buy books online at www.adlibris.se, www.lycknis.se or www.bokus.se

Since it might be very costly to buy all books, it is possible to borrow some of them at the library's reception desk and to read them during their opening hours. Those books have the note "KursRef" in the libraries' internet catalogue.

2.8 Eating on Campus

On Campus Valla you have several options for eating lunch or grabbing a coffee: Arkadien in Building Tema; Blåmesen near Building G; Café Ellen in Key; Café Java in Building B: entrance 27; Zodiaken at Zenit; Carlson's BBQ and Café Moccado in building C.; Pressbyrån on the corner of the Building Key; restaurant Kårallen and Section café Baljan in Kårallen; Vallfarten and restaurant Zenit.

The most economical option is probably to bring your own lunch. Microwave ovens for heating up your own food are available in Buildings A, B, C, D, Key and G.

On Campus US you will find: Café Cellskapet, entrance 65; Café Örat, Örat entrance 73 and RIL restaurant, entrance at main US entrance. There are several microwaves for heating up your own lunch on campus US.

At campus Norrköping Café Prego in Kåkenhus offers both cooked lunch, sandwiches and cakes. There is a student café in Tjappan. As the campus is located in the centre of Norrköping, there are a number of other cafes and restaurants available within walking distance.

Microwave ovens to heat your own food are available on the second floor in Kåkenhus, on the third floor in Spetsen and on the third floor in Bomullsspinneriet.

2.9 Lost and found

If you forget or lose something on campus, ask at Student Service Desk in Zenit building, or try Kårservice in Kårallen, Campus Valla.

In Kåkenhus there is a plastic container for lost items. The container is placed to the right of the main stairs on the entrance floor, next to the glass cabinet with office stationary supplies. For lost valuables such as phones, wallets etc, please call campus security on 011-363030.

At Campus US there is no lost and found department, but you can ask at the library if you have lost something.

3. Linköping and Norrköping - Finding your way

Linköping is not a big city and everything is within biking distance. The tower of the Cathedral downtown and McDonald's in Ryd are good points for orientation.

Norrköping is slightly smaller than Linköping and the campus is practically in the city centre. Most student accommodation is placed close to campus or the city centre. You can walk everywhere you need to go, but with a bicycle it is of course faster.

Inside the cover of this guide you can find a map of all three campuses. In the information folder given to you upon arrival you also received a city map. For maps online, go to: kartor.eniro.se and type the address you want to go under "Var?". At the International Office you can also pick up a bicycle map for Linköping.

For an interactive online map listing various locations of interest for students in Linköping, go to: bostad.karservice.se/student-map/

4. Accommodation through LiU

LiU provides accommodation in dormitories where you live together with other students. There are eight students in a corridor. You have your own bedroom and private bathroom. Kitchen and living room are shared by students living in the corridor. Unfortunately, the number of available rooms is not always sufficient to accommodate all international students.

In the student dormitories, it is common for the tenants to make up their own rules for the shared areas. Ask your neighbours about the rules in



your corridor to avoid problems. It is the responsibility of students sharing a corridor to keep it clean. If you are unsatisfied with how things are in your corridor, talk to the other people living there! If the room is dirty upon arrival or if there is anything broken in your student room, please contact studentbostäder directly; info@studentbostader.se or +46 13 20 86 60. Changing broken light bulbs is your own responsibility.

If you brought your car to Sweden, contact Studentbostäder for renting a parking place. The price is about 150 SEK/month for a parking place in Ryd.

4.1 Home Insurance

When renting via LiU a home insurance from Östgöta Brandstodsbolag is included in the rent. The insurance covers most common causes of claims, such as fire and water damage, burglary and

vandalism, etc. See more information about the home insurance on www.studentbostader.se under general information. If you have any questions regarding insurance, contact customer service at Östgöta Brandstodsbolag by phone 013-29 06 99. You can also send an email to: PrivatskadorB42@lfostgota.se Refer to "Erasmus".

4.2 Rent

Rent is always paid one month in advance. This means you should receive your bills in your mail box around the 18th every month and you pay them before the last date of every month. Your name will not be on the bill, it will state "Tenant International office". There are a number of ways of paying your rent; please read the section on "Banking and paying your bills". When paying your rent through an international transfer you can pay for the whole period of your stay at once.

Just multiply the amount of your rent with the number of months you want to pay for and transfer the entire sum at one time. (For more information about international transfer, see section 8.)

4.3 Furniture

The corridor rooms are furnished. However, you need your own bed linen, thin top mattress, blanket and pillow. Kitchen utensils are not provided in the corridors, but ask your neighbours about sharing things for the kitchen. Inexpensive kitchen utensils can be bought for example at IKEA or second hand stores (a list of second hand shops can be found in chapter 10).

4.4 Moving out

When moving out you have to clean your room. If there are complaints you have to pay the cleaning company (up to 2000 SEK for studentrooms). One month before your housing contract expire, you will get an e-mail from the Housing Coordinator with information on how to do your final cleaning.

4.5 Internet at home

In Linköping Studentbostäder has an agreement with Utsikt Bredband AB. You can reach them via phone 013-20 83 20 or e-mail student@utsikt.se. When you move into your corridor room, plug in your computer, and the Utsikt website will automatically come up on your screen. Follow the instructions and after about 15 minutes the service is fully operable. Internet is included in the rent and therefore you will not get a separate bill for internet.

To sign up for an internet connection:

- Plug in the network cable to the computer socket in the wall
- Turn on the computer
- Make sure your computer is set to receive automatic IP-addresses (DHCP)
- Access the internet - write any address, for example www.utsikt.se
- You should now reach a starting site. Choose your option of connection and follow the instructions
- When registering you are asked to give a ten digit number, put in your birth date (YYMMDD) and then the numbers 0000. If it doesn't work, try 0001, 0002 etc.

Make sure you report when you move out to Utsikt so no one else can use your account. Phone 013-20 83 20 or send them an e-mail at student@utsikt.se.

5. Student housing in Norrköping

Student accommodation is handled by the local housing company Studentbo www.studentbo.se (click on the English flag in the top right-hand corner). The application form, brochures about the student accommodations and information about the deposit are available on-line. Pay the deposit and send in the application together with a copy of the letter of admission to: Studentbo/Hyresbostäder, Box 2330, 608 01 Norrköping.

The deposit will be returned to you after you have moved out. There are some rules and restrictions about what is expected of you as a tenant. If not followed the housing company will keep parts or in some cases all of your deposit.

In order to be sure your accommodation is booked you must have paid the deposit and received a confirmation from the housing company.

For questions on student accommodation in Norrköping, please contact Studentbo at:
E-mail: info@studentbo.se
Telephone: +46 11-21 16 70
Fax: +46 11-21 16 71

5.1 Keys to the student accommodation

You have to pick up your keys at the Student Housing office. Their office is located at Campus Norrköping and the address is Täppan, Bredgatan 46. (Just opposite the street from the main entrance to Kåkenhus, Campus Norrköping). Please see their website for opening hours.

5.2 Internet via Studentbo

Internet is almost always included in the rent, just let the landlord know you would like an account. Temporary login details are sent to your Swedish mobile, or via email if your Swedish mobile number is not active. Your permanent account and login details arrive via regular post. You need a network cable to connect the internet. Buy one at Clas Ohlson (Repslagaregatan 12, in the shopping mall Domino). If internet is not included, share the costs with your

flatmates, usually less than 100 SEK/month.

6. Accommodation on your own

Finding accommodation at the beginning of the autumn semester can be quite difficult. If you wish to rent through a private landlord there are many different alternatives. Before you arrived to Sweden, you received an e-mail from our Housing Coordinator Catarina Lorin with information on how and where to look for accommodation. Catarina Lorin is the Housing Coordinator for students renting via LiU. If you need assistance finding something on your own, you must contact KOMBO, the student accommodation services. KOMBO is the only office at LiU that can assist students to find a place to stay. Please note that KOMBO can only advise you on how to look for accommodation, they will not do the job for you. You can also find a lot of useful information on their website.

You can also rent Emergency accommodation for a few days or longer via KOMBO (this is only available in the autumn semester).

Be aware! Unfortunately, it is not uncommon to find dishonest people putting out fraudulent ads. Never pay deposit or rent for something you have not seen in person. Do not pay a large sum of money to an account outside of Sweden. If it seems suspicious, you can always contact KOMBO to get advice.

KOMBO

Kårallen building, Campus Valla
www.bostad.karservice.se
bostad@karservice.se
+46 13-28 28 05

6.1 Home insurance

We strongly recommend all international students who do not have accommodation through LiU to arrange for a home insurance. A home insurance is not expensive, depending on the size of the room or apartment. There are many Swedish insurance companies, for example Östgöta Brandstodsbolag, Trygghansa, Folksam, and If.

As an international student it is always best to call them rather than signing up for insurance via their webpage. You normally need a Swedish civic number to sign up on the internet. You do not have this problem if you call directly. Always make sure you understand what is included in your home insurance.

Some international students already have a home insurance from their home country covering their accommodation in Sweden. Always double check with your insurance company at home!

If you are renting part of an apartment together with others, ask them about home insurance and make sure you are also taking part of the insurance.

6.2 Internet if you rent on your own

If you rent a place on your own you have to contact the landlord to see if there is already an agreement with an internet provider. Sometimes there

is an agreement, but sometimes you have to contact each internet company yourself to see if it is possible to get internet via them. Depending on what area you live in there are different providers.

Here are some internet companies: Telia, Tele2 Comviq, ComHem and Bredbandsbolaget.

International students who do not have a Swedish civic number must be prepared to pay internet for their whole stay at once.

Do not forget to cancel your internet account before leaving.

7. Banking and paying your bills

You can find the following banks in Linköping; Handelsbanken (Farbror Mellins Torg) and IKANO, SEB bank (Stora torget), Nordea (Trädgårdstorget), Östgöta Enskilda Bank (S:t Larsgatan) and Swedbank (Storgatan in the city centre and in Skäggetorp).

In Norrköping most banks are located along Drottninggatan in the city centre; Nordea, SEB, Swedbank and Handelsbanken.

All banks are open working days from at least 10.00-15.00, often longer.

Opening a bank account

Mostly Swedish banks require a Swedish personnummer (Swedish civic number). To receive a personnummer you have to show you are going to stay in Sweden for 12 months or longer. The so called P or T-number you are given from the university is not valid. You have to visit the banks and ask if there is a possibility for you to open a bank account. If possible, make sure you are able to pay your bills via the internet. Do not forget to close the bank account before leaving Sweden.

Automatic Teller Machines (ATMs)

You find cash deposits all around the city, as well as on Campus Valla (Corner of Zenit and in Kårallen) and in Ryd. The closest ATM to Campus Norrköping is on Kungsgatan, across the street from ICA Strömmen. All major credit cards are accepted, but you might have to pay a withdrawal fee. Check with your home bank.

Paying your bills

There are many ways to pay your bills:

- Students in Linköping, bring your passport, bill and cash and go to Direkten next to Hemköp in Ryd's Centrum. They will charge ~40 SEK /bill. If you pay with credit card an extra fee (a percentage of the bill) is charged. If you pay for multiple months on the same bill, Direkten will charge you a higher fee. If you live in Skäggetorp you can go to Godis-huset in Skäggetorp Centrum

- Forex downtown (Storgatan 32) is another alternative where you pay between 40-65 SEK/bill
- Students in Norrköping, take your bill to the News agent Direkten on Drottninggatan 66, they charge around 40 SEK/bill, just like Forex on Drottninggatan 46
- See this website for more places to pay your bills in Norrköping and Linköping: www.kassagirot.se
- You can also pay by international transfer. Notice! If you chose to pay your rent this way make sure to state:
 - Your name
 - Your customer number (in Swedish "kundnummer", which can be found on your bill)
 - The address you are paying for
 - The month you are paying for
 - Use SWIFT and IBAN codes found on the bill

Pay preferably in SEK. If you pay in Euro, make sure you do not pay too little. Also take in to consideration your bank may charge a fee for international transfers.

8. Telephone

Upon arrival you will receive a top-up SIM card from the International Office. The SIM-card can easily be charged in most press shops, such as Pressbyrån and supermarkets. SIM-cards need to be recharged every 30 days to keep the lowest prices.

Calling in Sweden

When making local calls from a mobile phone, you must dial the area code followed by the phone number. When making an international call, you dial + [your country's national code]. If people want to call you from abroad, the country code for Sweden is +46.

www.eniro.se is a useful website. You can find phone numbers, people, addresses, stores all over Sweden. www.hitta.se is a similar website.

9. Bicycles and transportation

Bicycles

The easiest means of transportation in Linköping and Norrköping is by bike. In winter time the roads are normally cleared from snow, but it is important to be careful when riding your bike. Consider wearing a helmet to protect yourself.

According to Swedish law you must have both front and rear lights on your bike when it is dark. If stopped by the police, you will have to pay a fine of around 700 SEK if you do not. You also need front, back and wheel reflectors as well as a bell.

There are good possibilities to buy a second hand bike. Below you will find a list of stores that are selling second hand bikes. A normal price is around 700-900 SEK. In some second hand shops it is possible to sell the bike back, if that is the case remember to keep the receipt.

Stores with second hand bikes in

Linköping:

- Kå-Jis Cykel, Götgatan 17, tel. 013- 14 22 60
- Amir Cykelaffär, Hertig Karlsgatan 14B, tel. 013- 12 81 12
- Andreas Nyckel- och cykelservice, St. Larsgatan 15, mob.: 0707678144
- Ryds Sko- och Nyckelservice, Ryds Centrum, tel. 013 - 17 66 90
- Nellborgs Cykel, Nya Tanneforsvägen 96, tel. 013 - 14 10 03
- Biltema, Tornby close to IKEA (not second hand but reasonably priced)

Bicycle shops in Norrköping:

- Kungs sko & cykel, Kungsgatan 32, tel. 011 - 13 45 75
- Skarphagens Cykel, Skarhagsgatan 29, tel. 011 - 17 43 22

For a more complete list, have a look online:

- www.gulasidorna.se
- www.blocket.se (buy and sell site)
- LiU Notice board, buy and sell site for LiU students

Many students also buy and sell items such as bikes on different Facebook-sites, such as ESN Linköping or ISA Linköping.

Bicycle repair in Linköping

For students living in Ryd, the student council FR Ryd can help if you need to repair your bike and borrow tools. There is also a possibility to borrow a bike, sewing machine, games etc. More information can be found on www.fryd.se/?lang=en Contact cykel@fryd.se In Flamman there is also a student council, FR Flamman.



What if your bicycle is stolen?

First of all, always ask for and keep the receipt of your purchase. Second, file a police report. Contact the Police on phone number 114 14 or go to the station on Brigadgatan 13 in Linköping or Stockholmsvägen 4-6 in Norrköping. More information on www.polisen.se

If you are renting a corridor room via LiU you are covered by a home insurance with Länsförsäkringar. Contact them via e-mail: privatskadorB42@lfostgota.se or call them on 013-29 06 99 for information on how to file a claim. You need to include copies of the police report and your receipt. If you are renting from another landlord and/or have purchased home insurance on your own, check what applies.

If you need more information or help, contact the International Office in Zenit.

Cars

In Linköping, you can rent a car or a pick-up van at most larger petrol stations. Make sure you understand the rental agreement; ask the staff to clarify it for you. The price for a car ranges from about 300 SEK/day for a small car to 700 SEK/day for a larger car. Mini trucks and vans can usually be rented for up to four hours at the time and can cost 400 - 800 SEK depending on the size.

Speeding is a serious matter in Sweden and fines are high, sometimes up to 3000 SEK or a revoked driver's license. Drinking and driving is illegal and is not socially accepted! The limit for drunk driving is very low, 0,2 milligram per milliliter of blood.

Taxi

Linköping

Taxibolaget: 013-30 30 30

Taxikurir: 013-150 000

Taxibil: 013-10 10 00

Norrköping

Taxikrona: 011-103 103

Taxikurir: 011-30 00 00

Buses

The local transportation company Östgötatrafiken is in charge of city buses, trams, county buses and trains, both in Norrköping and Linköping.

It is not possible to pay for a ticket in cash directly on the bus.

You can buy a ticket in the green Quickomats, via the Östgötatrafiken app or via a travel card. If you intend to travel often the travel card is the cheapest option.

There are also regional buses leaving from Resecentrum (the train station). You can use the same value card as for the city buses, but you pay more per ride depending on the distance you are travelling. You may also bring a bicycle on the regional buses (not express buses) if there is room.

For approximately 200 SEK you can also buy "Fritidskort" (30 day validity) and travel from 17:00 on weekdays and all hours on weekends.



Useful bus lines in Linköping

- 12, 20 University – Train station (Resecentrum)
- 2 Resecentrum – city – Campus US – Police – Campus Valla (get off at Campushallen) – Lambohov
- 4 Resecentrum – city – Campus US – Police – Campus Valla (get off/on at Campushallen) – Lambohov
- 3 Ryd – City centre – Resecentrum
- 10 Resecentrum – Tornby/IKEA
- 26 Ryd – IKEA

Useful bus and tram lines in Norrköping

- Bus 115 Herstaberg – Ingelsta – Resecentrum – Norr Tull – Söder Tull – Vrinnevisjukhuset. Get off at Skvallertorget if you're going to Campus Norrköping
- Tram 3 from bus/train station, travel towards Klockaretorget. Get off at Väster Tull (7 min) and walk down Kungsgatan (5 min)

For information about buses and timetables see:

www.ostgotatrafiken.se

For timetables and travel planner in your mobile, see mobil.ostgotatrafiken.se

For a bus map go to the Exchange student page and click "Useful buslines".

Do not forget that Östgötatrafiken's bus number 73 is free for all students with a LiU-card, but only during the semester. The bus runs between Campus US (Linköping), Campus Valla (Linköping) and Campus Norrköping.

Travelling around Sweden

A great way of travelling around Sweden is by train. The largest train company is SJ www.sj.se. If you are aged under 26 you will get cheaper tickets. Buses are another, sometimes cheaper option. No company covers all of Sweden but Swebus: www.swebus.se offers a lot of destinations. For cheap trips to Stockholm and Gothenburg Nettbuss www.nettbuss.se is often used.

10. Swedish supermarkets and some other good to know shops

We know it is not easy to go shopping in a foreign country. Here is a list of the most common supermarkets and some other shops with things for your new home.

Hemköp - the main supermarket in the student area Ryd, Linköping. It can also be found on Kungsgatan in Norrköping. Hemköp Ryd does not accept cards without a pin code.

Willys - a grocery store with fairly low prices, normally located a little bit outside the city centre. In Linköping they can be found in Tornby and Skäggetorp shopping centres. In Norrköping in Mirum shopping centre and Ingelsta.

ICA - one of the more common Swedish supermarkets, placed all over Linköping and Norrköping. ICA Maxi is the bigger version often located outside the city centre. In Linköping

one is placed in Tornby. In Norrköping it's in Hageby Centrum.

Coop - a common grocery store and supermarket found in many places. Coop has a wide selection of organic and partially organic groceries. There is a bigger version of Coop outside the city centre, in Tornby area.

Netto - a store with low prices, but not the widest selection. Located in the centre of Linköping as well as between Skäggetorp and Tornby. In Norrköping you can find Netto on Stockholmsvägen and Bråddgatan.

Lidl - German low price grocery store situated in the shopping centre of Skäggetorp, Linköping, and Lindövägen, Norrköping.

IKEA - a famous Swedish store that has almost anything you need for your home. You can find IKEA in Tornby shopping centre in Linköping. Unfortunately there's no IKEA in Norrköping.

Hemtex - bed linen, curtains, towels. Stores in the city centre and Tornby shopping centre. In Norrköping you can find Hemtex in Gallerian Linden.

Asian store - stores for Asian food can be found at Storgatan 6 and Torggatan, Linköping.

Second hand shops

In Sweden it is very popular to shop second hand both for your home and your wardrobe. It is cheap and you can get real bargains on dishware and furniture.

Linköping

- Myrorna – the Salvation Army shop for used furniture, utensils, clothes situated near the Cathedral, Platensgatan 6
- Hjärta till Hjärta second hand shop for used furniture, utensils, clothes situated in Tornby at Attorpsgatan 10
- Kretsboden - St. Larsgatan 43
- Misoui Vintage Clothing - Drottninggatan 36
- Nostalgimix - Gamla Tanneforsvägen 90
- Röda Korset Linköpingskretsen - Nygatan 11

Norrköping

- Myrorna - Gamla Rådstugug. 18
- Bra & Begagnat - Finspångsvägen 27
- Dahlberg second hand - S:t Persgatan 45
- Erikshjälpen - Hagebygatan 31
- Hela Människan - Kabelvägen 2
- Kupan, Röda Korset - Albrektsvägen 79-81

11. Sports and leisure

You can find the **event calendar** for the whole county of Östergötland here: www.pagang.info. Unfortunately, all information is in Swedish so far. **”Filmstaden”** - mainstream cinema that can be found in both Linköping and Norrköping. On the website www.sf.se you can find more information about prices, discounts and current showings. In Norrköping there is also the cinema CNMA, opposite Visualization Center on campus.

Swimming pool, www.medley.se can be found in Linköping (Linköpings sim- och sporthall, Hamngatan 30) and Norrköping (Centralbadet, Albrektsvägen 19)

On campus there are several **sports associations and organisations**. You can find more information on www.student.liu.se/fritid/foreningar

Linköping

Campushallen is the Academic sports club at the university. They provide different sport activities. Their office is located in the sports centre Campushallen on Campus Valla. For more information on prices, equipment or schedules check out www.campushallen.se or visit the reception in Campushallen.

More sport centres and gyms can also be found in Mjärdevi and downtown Linköping. If you search for specific sports on the Internet you will find most sport clubs have websites in Swedish. You can always call them and ask for more information and if it is possible for you to join.

Musicum is a rehearsal hall in the C-building equipped with a piano where you can practice on your own. To get access to Musicum you need to fill out a form and hand it to Director Musices. For more information, see www.liu.se/music/musicum/ or ask the Exchange Student Coordinators in Zenit.

Östergötlands museum - collections of old European art and contemporary exhibitions. A year ticket costs 70 SEK. They also have a separate cinema showing alternative films.

Gamla Linköping and Valla Farm - The Open Air Museum

The Open Air Museum in Old Linköping takes you centuries back in time in just a few moments! Museums, gardens, backyards and alleys showing life in the city as it was a long time ago. Valla farm and rural museums show the way people lived and worked and offers close encounters with animals and nature. Valla farm is just behind campus Valla.

Norrköping

The biggest sports association on Campus Norrköping is **NAFFI**. They offer football, volleyball, basketball and the typical Swedish game floorball among other things. See naffi.studorg.liu.se for more information.

Museum of Work - situated in an old cotton mill this museum offers several exhibitions on seven floors. The museum is free for all visitors.

Visualization Center C - is a cooperation with LiU, filled with a variety of different visual experiences and situated in Norrköping's unique industrial area, **Industrilandskapet**. For more information, see www.visualiseringscenter.se

Norrköping Art Museum - has one of Sweden's leading art collections and focuses on Swedish modernism and contemporary art. The museum also has one of the country's largest collections of graphic art.

12. Student Unions

It used to be compulsory for students to belong to a student union, but nowadays becoming a member is optional. You can become a member at the start of every semester, by paying the student union fee. There are three Student Unions at LiU (see below). They arrange several fun events, but most importantly they work with students' rights. If you think you are being mistreated by a teacher or similar, you can turn to your student union to get help.

As a member of the student union you will get some advantages and discounts on their activities. If you have any questions, turn to your student union. They are all located in Kårallen, Campus Valla and Trappan, Campus Norrköping and Örat, Campus US.

StuFF – the student union for students at the Faculty of Arts and Sciences and the Faculty of Educational Sciences: www.stuff.liu.se

LinTek – the student union at the Faculty of Sciences & Engineering: www.lintek.liu.se

Consensus – the student union at the Faculty of Medicine and Health Sciences: www.consensus.liu.se

13. Peer Student

Our goal is that every exchange student asking for a peer student will be assigned one. The peer student

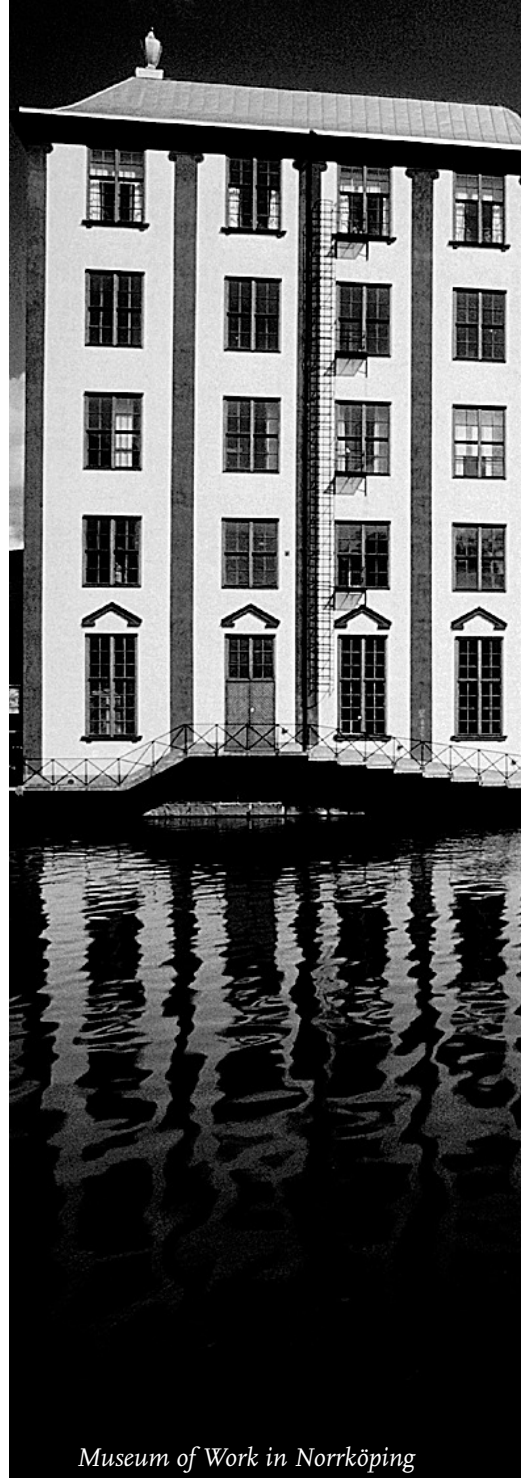
can be of extra help, especially in the beginning of your visit. The peer student is a student at LiU who voluntarily help international students to adjust to the new environment, introducing them to Swedish culture and social life. To get a peer student go to esnlinkoping.org/ and fill out the form. Once ESN has assigned you a peer student he or she will contact you. Remember it takes two to make a good relation. If your peer student has invited you to a dinner maybe it would be nice if you did likewise? And of course, answer their e-mail or phone call. If you no longer want a peer, please let us know, there will be many other exchange students who do. If you no longer want a peer student, please let us know. There might be too few peer students for everyone to get one. You can ask the Exchange Student Coordinators to guide you through issues of practical matters.

14. Student Life

Many fun activities and trips are arranged for international students. We want you to have a great time while you are here. However, it is your responsibility as a student to contact your teacher if you are going away on a trip. If you miss a mandatory course, too many lectures or even an exam, you may not pass the course. Always tell your teacher in advance.

ESN - Erasmus Student Network

ESN Linköping is a student organisation that organises social activities for international students at LiU. ESN Linköping has a section



Museum of Work in Norrköping

room in Kårallen, on the first floor. You can buy overalls, patches, t-shirts etc. The section room is open Tuesday & Thursday 12.15-13.00.

AIV - Association for International Visitors

International students and researchers who want to get acquainted with a Swedish family can sign up with Association for International Visitors (AIV). This organisation arranges introductions to Swedish families, cultural programmes and excursions. Application forms can be found outside the Exchange Student Coordinator's office. Please note you do not live with your respective host family.



Contact international_visitors@liu.se for further information.

ISA - International Student Association

Another association for international students is ISA, International Student Association. You can visit their homepage on www.isa.studorg.liu.se or find them on Facebook - ISA Linköping.

Student associations and "Nationer"

There are about 40 student associations on campus: computer/electronics, film/photo/media, sports/exercise, international students, religion, music, politics, "spex", theater and others. Joining an association is a good way of meeting people. Most associations have a sections room

in Kårallen. Further information at www.student.liu.se/fritid/foreningar

Nationer (Nations) - A nation is a students' association where the members usually come from the same area or region of Sweden, but everyone is free to join any nation. The nations arrange a lot of activities for their members. More information at www.student.liu.se/fritid/nationer

Kravaller - There are several big parties organised every year in Linköping and Norrköping. On an average there are two big parties per month organisations in the Student Union building on campus Valla (Kårallen). They are usually held on Thursdays. When a party is coming up you can find information about it on large sheets on campus. You must always buy the ticket in advance.

A kravall has a dress code: people dress in overalls. Each section has its own colour of the overall. The international students have a blue overall with yellow stripes. You can buy one from ESN at the beginning of the semester. Information about this will be posted on the ESN Linköping homepage <http://esnlinkoping.org/>

Sittning - During weekends, there are frequently more formal parties, often traditional dinner parties. Usually a dresscode applies, hence no blue jeans or sneakers. During a typical student dinner it is common to sing a lot and enjoy performances.

15. Party manual and student pubs

Rules and regulations

In order for you to have a good time out, read the following:

STUDENT ID CARD. ALWAYS bring your LiU-card and a valid photo ID when you go out to party!

STUDENT STAFF. All staff at the student pubs, clubs and events are fellow students! They work for a very small pay or no pay at all. They work for you, so treat them with respect and follow their instructions.

TICKETS. Tickets are always sold in advance. When and where they are sold is normally posted on big sheets around campus. It is not unusual to queue to get tickets for an event. Normally you can buy a maximum of four tickets per person.

SMOKING. It is strictly forbidden to smoke indoors at all pubs and restaurants. Of course, this also goes for the student pubs. When smoking in outdoor public areas, make sure you step aside so you do not disturb non-smokers.

ALCOHOL. In Sweden you are not allowed to bring your own alcohol to the club or pub. Also you are not allowed to take alcohol outside a pub or club. The rules are strictly adhered to.

JACKETS AND COATS ETC. In Sweden you are obliged to leave your "outdoor clothes" in the cloakroom before you enter a pub or club. Usually there is a fee of approximately 20 SEK.

Student pubs and clubs - Linköping Herrgår'n (HG)

Herrgår'n is the student pub in Ryd. It is open Monday – Saturday. Dinner is served to a reasonable price every weekday 18-21. The dance floor is open Tuesdays, Thursdays, Fridays and Saturdays. Every Tuesday night they host an International pub, which is very popular among the international students. For more information, check out www.hg.se

Flamman

Flamman is another student pub located at Flamman dorm. Every Wednesday superb burgers are served and there is a live jazz performance. On Fridays and Saturdays the dance floor is open. Especially Fridays are popular since there are special prices in the bar. If you live in Flamman you don't have to queue to get in. Have a look at www.flamman.org.

Kårhuset Kollektivet

Kårhuset Kollektivet is situated downtown Linköping, close to the cathedral on Ågatan 55. It is quite popular on weekends and they have large dance floor, a pub and a restaurant. Many student dinners "sittningar" take place here. Read more on their website www.karhusetkollektivet.se

VilleValla Pub

Small pub that is specialised in beer, they have over 50 different kinds. Open most days of the week, for more information see www.villevallapub.se

Pub Örat

Located at campus US. Open Thursdays 18-23. Every Thursday

there is a different music theme for the evening and often live music.
www.consensus.liu.se/index.php?page_id=15

Student pubs and clubs - Norrköping

Trappan

Pub and club. Here you can grab a coffee, a beer and have dinner at a reasonable price.

The pub is open Wednesday – Friday and the night club is open Saturdays. On Thursdays they often have a live band playing and on the last Wednesday of the month you can try their famous pizza!

The building is located in Västgötebacken. For more information, see www.trappan.nu

Pub Vattentornet

Small pub inside a water tower! They are specialised in beer. Open Thursday – Friday, located on Lennings gata 2, Norrköping. www.vattentor.net

Social Activities

Welcome period

A few Orientation Days are arranged for all new exchange students at the beginning of each semester. On these days, you will get information about the most important issues, as well as be able to visit a Welcome Fair held for international students.

At the beginning of each semester, LiU, together with ISA and ESN, arrange many social activities and guided tours where you can get to know other students, both Swedish and international; and the cities of

Linköping and Norrköping.

For more information, have a look at www.student.liu.se/exchange
The activities will also be published on LiU International Student Reception Facebook site.

16. Important to know

Alcohol

The age limit to procure alcohol is 20 years and you have to be able to prove your age with a valid ID card. In Sweden only Systembolaget has the right to sell alcohol stronger than four volume per cent. In restaurants and clubs you have to be at least 18 years old. Your LiU-card is not valid as identification.

Smoking

Smoking is forbidden in all restaurants, pubs and public indoor areas. Furthermore, smoking is not allowed in the accommodation corridors. Please respect this!

Drugs

ALL contact, use or distribution of any drug is strictly forbidden! The Swedish attitude in this matter is very severe and there is a no-tolerance policy to the use of any drugs. It is not accepted by young people in Sweden to take drugs. As far as the university is concerned, it does not accept any use of drugs and does not hesitate to send anyone home in case of use of any illegal substances. If the staff in a pub/club believe that you have taken or are in possession of drugs the police will be contacted!

Right of Public Access (Allemansrätten)

In Sweden we have something called Right of Public Access, which only very few countries have. We should therefore value and protect this right. Please remember it also implies obligations for you when moving around in nature.

We can:

- move around freely in fields and forests
- pick berries, mushrooms and flowers which are not protected by law
- camp one night without permission from landowners- not, however, too close to a populated area
- bath, row, sail, paddle and drive motorboats on the lakes and rivers
- light a fire but only in certain prepared places. In windy or very dry weather it's absolutely forbidden to light fires anywhere.

We must not:

- leave litter e.g. paper, plastic, glass etc. behind in nature (it is against Swedish law and you will be fined if caught)
- damage growing trees or bushes
- walk over fields with crops or through newly planted forest areas
- take bird eggs or birds nests

Unwritten rules in Sweden

- Taking your shoes off: for some of you, it may seem like a strange habit, but when you enter someone's home you will have to leave your outdoor shoes at the entrance and walk around in your socks
- Arm-length distance: it is the distance Swedish people normally stand apart from each other when

talking. Do not feel offended if the Swede will start to back off if you get too close. It is just normal to keep the personal space this way

- Lines and queues: at for example the cinema, bank, library and cheese shop you will be expected to wait in line. Numbered queue notes are often used. Ask someone for help if you cannot find the dispenser.

Recycling

Recycling is very common in Sweden. Almost every building has a special sorting place where you can separate papers, newspapers, plastics, metal and glass into containers. It will be collected and recycled. When you buy drinks in cans or plastic bottles, a deposit (one or two SEK) is usually included in the price. You will find recycling vending machines at almost any supermarket where you can return your bottles and cans. You will get the deposit back in the form of a receipt. It can be used in the supermarket to buy food or refunded for cash by the cashier.

The green bag

All food waste in Linköping is meant to be placed in a green bag provided by Linköping municipality to your accommodation. The waste is then recycled into biogas and fertiliser, some of which powers the local busses in Östergötland. Do your part for the environment and keep Linköping green by using the bag!

Sending and receiving packages

When you order something from an online shop or someone sends you a package, the package is often not delivered to your home address. If the

package is too big to fit in your postbox, you will get a slip of paper called "avi". The avi states where you can go to pick up your package. Remember to bring the avi and a valid ID, such as your passport, when you go to collect it.

17. If you get ill

The Student Health Care Centre

is open to all students at LiU, it is free of charge and confidential.

The aim of the Student Health Care Centre is to prevent disease and promote health, give health related advice, offer conversational therapy, aid in times of crisis and work with the students in their own social environment (in-house social worker).

The staff at the Student Health Care Center are:

- Counsellors/Psychotherapists
- Nurses
- Social worker on the spot
- Coordinator

You can find them on all three campuses:

Campus Valla: Zenit building (upstairs)

Campus US: Student Affairs Office,

Hugo Theorells torg, Entr. 55 (ent.55)

Campus Norrköping: Kåkenhus, main entrance, ground floor, turn right at International Office

You need to book an appointment in advance. The phone numbers can be found on the website

www.student.liu.se/studenthalsan

Medical Facilities

If you need to consult a doctor you need to call the primary health care centre, **Vårdcentralen**, in the district where you live. Call the County Council, Landstinget, which is responsible for health care in the county, on phone number 010 - 103 00 00; tell them where you live and you will be connected to the health care centre you should visit. If you do not have a Swedish civic number, you must go to the health care centre in person in order to get a so called F-number. There are health care centres in Ryd, Skäggetorp, Valla and Lambohov and many other places.

Call Dial-A-Nurse on tel 1177 if you are feeling ill and want to get medical advice from professional nurses. They can also make an appointment for you at Jourcentralen, a clinic with on-call medical staff, when your local health care centre is closed.

If your condition is very serious and you need immediate treatment, go to the Emergency Room, **Akuten**, at the University Hospital in Linköping or Vrinnevi Hospital in Norrköping. You can also call emergency services at 112 to request an ambulance.

Students with the **European Health Card (EHIC-card)** pay the same fees for emergency and necessary health care as Swedish residents. If you do not have the EHIC-card you should order one directly from www.applyehic.org Students coming from **outside the EU/ EES countries** (with few exceptions like Quebec, Israel, Tunisia, Australia), have to pay full fees for all health care. Expect to pay 1860 SEK for a doctor's

appointment and 620 SEK for other care. Therefore, make sure you have a complementary health insurance from your home country.

For more information, see www.regionostergotland.se and go to "International" where you can find information in several languages.

Insurance

All students at LiU have insurance via the university. It is only valid during the hours you are at the university and during the time you travel to and from your accommodation to the university. Many of the international students in Sweden have not had the possibility to take out insurance for illness and for accidents during leisure time. The Student IN insurance policy provides international students with cover for medical expenses, when above insurance does not cover. It applies 24 hours a day within the Schengen area. For questions contact the International Office at intco@liu.se.

18. In case of emergency

The European emergency number is **112**. In case of emergency, you can call this number for assistance from the police, the fire brigade or hospital/ambulance.

In Case of Emergency (ICE) is an internationally accepted way to find the closest contact person to the victim in an emergency situation. If you would happen to be in an accident and staff from the emergency services would need to get in contact with your nearest contact person, it is necessary that you

have all the contacts in your mobile phone under the name ICE.

Just follow these instructions:

- Open a new contact in your mobile phone
- Write ICE1, space, your relationship to this person (for example mother, father, sister, girlfriend...) and the name of this person
- Then write the phone number to this person with the country code for Sweden (+46) and the person's phone number except the first 0
- It's possible to put in more contacts under ICE2, ICE3 etc.

Do you want to avoid that your mobile phone presents these contacts as ICE when they call you? Just put in the sign * directly after the phone number of this ICE-person. The number will work anyway if it needs to be used in an emergency situation.

19. Farewell Mingle

At the end of each semester, there will be a Farewell Mingle, just as there is an Orientation Day when you arrive. This is a chance to mingle and say goodbye. Something to eat and drink will be served.

Invitation to this event will be sent out later in the semester.

Find more information on the student website [Exchange students--> Finishing your studies.](#)

20. Checklist - Before going home

20.1 Get your Transcript of records

Your Transcript of records will not be sent to your home university automatically. You have to order it and send it to your home university yourself. Choose one of the following options:

(Students at the Faculty of Medicine and Health Sciences should contact Anna Sandelin or Sabina Kinywa).

a. Degree certificate

This is the certificate you want to save for yourself (to hang on the wall). Access Student Portal; click on “Student services” and then “Degree application”. As “Course name” write “Exchange student” in the course name box write ALL codes of the courses you have completed. For example: TGZD20, THEN10, THSV04, etc.

b. Transcript of records

This is the transcript you want to hand in to your home university. Access Student Portal; click on “Student services” and then “Transcripts”. Make sure you choose option no. 4 to get your transcript in English stamped and signed on paper.

c. On-line verifiable transcript of records

To get your transcript of records as a pdf-file, access Student Portal; click on “Student services” and then “Verifiable transcripts”. The authenticity of this printout is verifiable online.

d. Printout of your transcript of records

At the Student Service Desk in the Zenit building on Campus Valla or Kåkenhus in Norrköping, you can get your transcript printed and stamped immediately.

If all your grades have not been reported when you leave Sweden you can still use methods a, b, or c to get your transcript of records. Remember your LiU-ID will expire some months after you have finished your studies at LiU.

You can reach the responsible persons for the transcript of records on +46 13 28 20 00 or write an e-mail to: central.studexp@liu.se

20.2 Check that all your documents are signed correctly

All universities require different documents. If you are unsure what documents you need, check with your home university. To avoid large queues try not to come during the last few days to have your documents signed.

20.3 Change your address

Make sure to update your address on the Student Portal to the address in your home country, otherwise the transcript will be sent to your old address in Sweden.

20.4 Move out

Those of you who have had accommodation through LiU can find out what you need to do if you go to www.student.liu.se/exchange and select Moving out of your room under Finishing your studies.

Study related questions

Faculty of Sciences & Engineering

Daniel Bladh

Åsa Karlsson

Simon Tibell

(incoming@lith.liu.se)

Faculty of Arts and Sciences

Konstantinos Mitropoulos

(international@ffk.liu.se)

Faculty of Educational Sciences

Kerstin Karlsson

(international@ffk.liu.se)

Faculty of Medicine and Health Sciences

Anna Sandelin

Sabina Kinywa

(international@medfak.liu.se)

Practical questions

(intco@liu.se)

Accommodation

(housing@liu.se)

21. Useful websites and phone numbers

LiU related

Your student pages

Useful information for LiU students can be found on www.student.liu.se, where you can also find a link to the page for exchange students.

Notice board

This is where you can find accommodation, furniture and other things up for sale. You can also put up an ad with things you are interested in selling/buying:

www.student.liu.se/

studenttjanster/anslagstavlan

LISAM

Log on to your profile on LiU's e-learning platform LISAM, where you can store documents and check out course material: lisam.liu.se

STUDENT PORTAL

Use Student Portal to register for courses, see your study results, update your address and order transcripts.

News section for students at LiU

www.student.liu.se

Campus information and services

Go to the LiU student webpage

www.student.liu.se/?l=en

Maps of campuses and classrooms

Find buildings and classrooms on each campus on the student web liu.se/en/education/student-life

LiU student e-mail

To log in to your student e-mail account, use this URL:
e-go.student.liu.se

If that does not work, log in via Lisam:
lisam.liu.se

Do you think the URL's too long? Try the LiU web's own search engine in the upper right corner by writing what you're looking for in the blank field.

LiU on your mobile phone

On m.liu.se you can find maps, e-mail, timetables, news etc. on your mobile phone, also available in English.

Other

Swedish Migration Agency

www.migrationsverket.se

Sweden

www.sweden.se

Linköping municipality

www.linkoping.se

Tourist Information

www.visitlinkoping.se

Norrköping

www.upplev.norrkoping.se

Studentbostäder

www.studentbostader.se

Studentbo Norrköping

www.studentbo.se

Swedish-English dictionary

www.ord.se

Buses

Östgötatrafiken

www.ostgotatrafiken.se

Swebus

www.swebus.se

Nettbuss

www.nettbuss.se

Trains

SJ

www.sj.se

Study in Sweden

www.studyinsweden.se

Medical care

www.regionostergotland.se

The Police

www.polisen.se

(located at Brigadgatan 13, Linköping
Stockholmsvägen 4 - 6, Norrköping)

For general questions and lost and found call **114 14**

Phone numbers

Emergencies/SOS **112**

LiU (switchboard) Linköping

013 - 28 10 00

Studentbostäder, Linköping

013 - 20 86 60

(after office hours emergencies)

013 - 14 84 44)

Studentbo, Norrköping

011 - 21 16 70

Questions

If you still have questions, try the LiU pages for exchange students

www.liu.se -> Education -> Exchange students -> Admitted students or visit the LiU student web page for practical information during the semester.

Or ask us:

Carina Schärberg

Ulrika Åstrand

Karolina Fransson

Johanna Gistvik

International Student Coordinators

intco@liu.se

We would like to hear your thoughts!

Please send us an email at intco@liu.se and tell us what you think about your stay here at LiU. What did you think about the orientation day, our website and this booklet for example? We want to know what you have been happy with and where you think there is room for improvement.
