

Routine for needlestick, cut or splash injury – infection risk

This routine should be used in case you or a coworker gets injured by a needlestick, cut or splash that involves contact with human blood, blood products, tissue samples, body fluids or an infectious agent.

Blood borne infection is an infection where microorganisms via blood, body fluids and/or blood products are transferred from one individual to another. The most important blood borne infectious agents are Hepatitis B, Hepatitis C and HIV.

In case of incident, do the following:

1. Immediately

- **If it is bleeding:** Let it bleed and wash as soon as possible using plenty of soap and water. Disinfect with plenty of hand disinfectant.
- **If you got splash in the mouth, on mucous membranes, in the eyes or on damaged skin (eczema, wound):** Rinse using plenty of water or isotonic saline solution (NaCl).

2. In case of patient blood or tissue sample was used

Contact the clinic and ask if the patient that the sample originated from had any known infection. Request that the patient is tested if possible.

3. Always contact the infection clinic for assessment

- **Office hours** (Mon-Thu 8-16, Fri 8-15) – the outpatient clinic. Call the Region Östergötland switchboard 010-103 0000 and ask to be connected to the infection outpatient clinic at the University Hospital (US) regarding an incident.
- **Other times** (if higher risk for infection exists) – call the infection clinic at the University Hospital (US): Doctor on call on pager number 97078 or the clinic on 010-103 1144 for fast testing and possible treatment.
- **When contacting the infection clinic, give them your cost center, kostnadsställe 8700**

Contacting the infection clinic can usually wait until office hours unless there is strong suspicion that infection exists (e.g. if the patient that the sample derived from was infected).

4. Report incident or occupational injury

Contact the HR manager Helena Jonsson (Cell Biology, AIM, Neuroscience) or Anette Wiklund (Surgery and experimental oncology, Women and children's health, MMM) for help with reporting the incident and/or occupational injury to the Swedish Social Insurance Agency (Försäkringskassan). The form has to be signed by your closest boss and by the local working environment representative. Here is a link to the LiU employee web page regarding incidents and occupational injury (including link to forms): <http://www.liu.se/insidan/HR-Personal/arbetsmiljo/arbetskada?l=sv>.

If any questions, contact:

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The latest version of this document can be found at this link, <http://www.hu.liu.se/ike/internt/arbetsmiljo?l=sv>